

BPO LIFTER OF THE YEAR AWARDS

1. There is no cost and no paper work to fill out to compete for the “Lifter of the Year” award. All of your points will automatically be calculated for you at the end of each month, and the current top lifters in each class will be posted in order on BPO web site.
2. There will be a “Lifter of the Year” covering all lifting categories. This program applies to all BPO members entering BPO Championships. A FIRST for Great Britain Powerlifters?
3. The First place winner will benefit in hundreds of pounds in prizes. The winner will receive a large engraved trophy, £50 dinner gift voucher, all BPO base entry fees (championships entry fees, does not include multiple entry or additional fees for tee-shirts, etc.) waived for every BPO championships held in 2011 they want to enter, they will have their photo posted on the BPO web site for the following year.
4. For every BPO championships you enter and complete (bomb outs don't count) you will be awarded 15 points. For every 1st place you will be awarded an additional 10 points, for each 2nd place an additional 5 points, and each 3rd place an additional 3 points. Multiple entries do earn you additional 1st to 3rd points also. Because of the elevated level of competition, lifters who compete in the BPO Nationals, Europeans or the Worlds will be awarded double points in all categories. This means the points for entering would double from 15 to 30, and the points for a 1st place would double from 10 to 20, etc.
5. The competition period each year will run from January 1st to December 31st. At the beginning of each New Year all points will be wiped clean with all lifters starting over at zero. The winner will be notified by January 15th 2011 and receive their award at their next Championships.
6. In the case of a tie at the end of the year, points will be awarded for each BPO championships (1 point), European (2 points), and World (3 points) record set during the year, with the lifter who has the highest points total being the winner.
7. This new BPO program has been designed to not only create more competition for our lifters, but to do it in a fun way that every lifter can enjoy. A panel of three BPO International Judges (Not the Chairman or Vice Chairman) will decide any disputes that should occur during this program, with their decision being final for this award.
9. Because this competition awards points equally, if you are a full powerlifter, or a bench or dead lift specialist, it gives every lifter the same chance at winning the “Best Lifter of the Year” award.
10. Should you feel there is an inaccuracy in your point total as posted on the web site, or have any questions about the program, please contact the program Chairman David Carter at davidtcarter@live.co.uk or David Tickle Vice Chairman at dave,tickle@bpopowerlifting.co.uk any time?
11. Besides promoting the most professionally organised championships at some of the best venues in the UK, the BPO is always striving for new innovative ways to show our appreciation to the many lifters who have supported us over the years. We sincerely hope you take part in, and enjoy this new competitive program we designed for you.

Yours in our sport,

David Carter & Dave Tickle for BPO

1st January 2010