

# BRITISH POWERLIFTING ORGANISATION

EST. 1994

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## 2010 CALENDAR OF EVENTS

- Jan 30<sup>th</sup>  
(Saturday) **SCOTTISH OPEN CHAMPIONSHIPS  
POWERLIFTING, BENCH-PRESS & DEAD LIFT  
(Qualifiers for British Championships)**  
Venue: Antonine Sports Centre, Clydebank, Glasgow  
Entry to BPO by NO later than 9<sup>th</sup> January  
Meet Director: Hamish Davidson (07786 690607)
- Mar 14<sup>th</sup>  
(Sunday) **WELSH & ENGLAND OPEN CHAMPIONSHIPS  
POWERLIFTING, BENCH PRESS & DEAD LIFT  
(Qualifiers for British Championships)**  
Venue: Four Seasons, Trallwn Road, Llansamlet, Swansea  
Entry to BPO by NO later than 21<sup>st</sup> February  
Meet Director: Ken Williams (07970 625946)
- April 24<sup>th</sup> to 25<sup>th</sup>  
(Sat-Sun) **INTERNATIONAL OPEN CHAMPIONSHIPS  
BRITISH OPEN CHAMPIONSHIPS  
POWERLIFTING, BENCH PRESS & DEAD LIFT**  
Venue: University of Bath, Bath, Somerset BA2 7AY  
Entry to BPO by NO later than 27<sup>th</sup> March  
Meet Director: Greg Ashford (07540 997411)
- Jun 23<sup>rd</sup> – 26<sup>th</sup>  
(Thu-Sat) **EUROPEAN CHAMPIONSHIPS  
POWERLIFTING, BENCH-PRESS & DEAD LIFT**  
Íþróttahöllinn á Akureyri, Iceland  
Entry to BPO by NO later than 13<sup>th</sup> May  
Meet Director: Sigfus Fossdal
- Sep 5<sup>th</sup>  
(Sunday) **UK OPEN CHAMPIONSHIPS  
POWERLIFTING, BENCH-PRESS & DEAD LIFT**  
**NEW** Venue: The Old Barn Inn & Restaurant,  
Mynydd Gelli Wastad Road, Morryston, Swansea SA6 6PX  
Entry to BPO by NO later than 15<sup>th</sup> August  
Meet Director: Ken Williams (07970 625946)
- Nov 3<sup>rd</sup> to 7<sup>th</sup>  
(Wed-Sun) **WORLD CHAMPIONSHIPS  
POWERLIFTING, BENCH PRESS & DEAD LIFT**  
Venue: University of Bath, Claverton Down, Bath,  
Somerset, BA2 7AY England  
Entry to BPO by NO later than 23<sup>rd</sup> September  
Meet Director: Greg Ashford (07540 997411)
- Dec 5<sup>th</sup>  
(Sunday) **BRITISH OPEN BENCH PRESS & DEAD LIFT  
RECORD BREAKERS CHAMPIONSHIPS**  
**NEW** Venue: The Old Barn Inn & Restaurant,  
Mynydd Gelli Wastad Road, Morryston, Swansea SA6 6PX  
Entry to BPO by NO later than 14<sup>th</sup> November  
Meet Director: Ken Williams (07970 625946)

- Fortis Est Potentia -

*Affiliated to the World Powerlifting Federation and the European Powerlifting Congress*