

2006 BPO ENGLAND POWERLIFTING & BENCH PRESS CHAMPIONSHIPS
4TH MARCH - BATH UNIVERSITY, BATH

Weight Class	Age Class	Age	BW	Comp	Name	Nation	Team	SQ 1	SQ 2	SQ 3	SQ 4th	BP 1	BP 2	BP 3	BP 4th	Sub. Tot.	DL 1	DL 2	DL 3	DL 4th	Total Result	Comments
POWERLIFTING																						
75	Open	39	73	P	Lee Hough			150	160	165		110	117.5	122.5		267.5	175	187.5	190		455	1st
82.5	W-Jun	23	78.5	P	Beth Brown			70	80	85		55	60	60		145	80	90	100		235	1st
82.5	Jun	22	76	P	Alex Wheatman			180	200	200		90	100	100		300	180	200	-		500	1st
82.5	Open	27	77	P	Paul Gawthorne			200	205	210		135	140	145		350	210	217.5	220		570	1st
82.5	M40+	42	88	P	Phil Beniston			180	190	220		170	180	180		400	200	230	240		640	1st
90	Open	24	85	P	Lukasz Wiak			250	262.5	270		165	175	180		450	260	272.5	285		735	1st
110	Open	32	101	P	Mark Griffiths			300	320	335		190	200	215		535	300	315	315		850	1st
140	Open	34	133	P	Duncan Tanner			265	265	280		215	225	225		490	230	245	260		750	1st
BENCH PRESS																						
60	WM50+	51	57	BP	Toni Hollis							70	72.5	75							75	1st
67.5	T15-19	18	62	BP	Richard Tolley							70	75	80							75	1st
67.5	Open	33	61.5	BP	Stephen Davies							82.5	95	100							95	1st
75	Open	28	71	BP	Johnathan Ives							110	115	120							110	1st
82.5	W-Jun	23	78.5	BP	Beth Brown							55br	60	60br							60	1st
82.5	Open	27	77	BP	Paul Gawthorne							135	140	145							140	1st
82.5	Open	32	76	BP	Neil Newman							125	132.5	132.5							125	2nd
82.5	M40+	42	88	BP	Phil Beniston							170	180	180							180	1st
100	Open	30	96	BP	Jacek Wiak							240	250	255br							255	1st
140	Open	34	133	BP	Duncan Tanner							215	225	225							225	1st

Best Overall Bench Press: Jacek Wiak
Best Overall Powerlifter: Mark Griffiths

br: denotes British Record

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