

**2005 BPO WELSH POWERLIFTING & BENCH PRESS CHAMPIONSHIPS
20TH FEBRUARY - SPATZ GYM, SWANSEA**

Weight	Age						SQ	SQ	SQ	SQ	BP	BP	BP	BP	Sub.	DL	DL	DL	DL	Total		
Class	Class	Age	BW	Comp	Name	Nation	Team	1	2	3	4th	1	2	3	4th	Tot.	1	2	3	4th	Result	Comments
					POWERLIFTING																	
60	WM40+	44	56.5	P	Challacombe - Lynda			120	130	135br	140br	60	65br	70		200	130	150	160br		360br	1st
90	O	30	84.2	P	Thorpe - Paul			155	165	170		125	130	130		290	175	185	200		475	1st
90	T	19	87	P	Young - Kyle			150	155	160		80	90	95		255	180	190	196		451	1st
100	M40+	41	96.9	P	Nichloas - Geraint			225	245	260		132.5	140	145		385	240	260	-		645	1st
110	Jun	21	102.4	P	Faulkner - Mark			150	155	160		80	85	90		250	190	200	205		450	1st
110	O	34	108.6	P	Squires - David			300	320	320		200	210	210		520	280	300	320		820	1st
110	O	27	105	P	Evans - Neil			240	260	270		190	200	200		460	260	280	290		740	2nd
140	O	28	135.8	P	Bolt - Dean			270	290	-		170	190	205		480	300	-	-		780	1st
					BENCH PRESS																	
90	O	30	84.2	BP	Thorpe - Paul							125	130	130							130	1st
140	O	28	135.8	BP	Bolt - Dean							170	190	205							190	1st

Best Overall Powerlifter: David Squires

br: denotes British Record

This document was created with Win2PDF available at <http://www.daneprairie.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.