

BRITISH POWERLIFTING ORGANISATION

EST. 1994

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The BPO would like to help the WPF in building up its web-site. With your help we would like to put athlete's profiles on the web-site. Therefore, could you fill in your details below and return to the BPO with a photograph?

First Name _____ Surname _____

Date of Birth _____ Town of birth _____

Family _____

Occupation _____ Gym you train at _____

Training Partners _____

Favourite Exercise _____ Body-weight class _____

Best Official Squat _____ Best Official Bench Press _____

Best Official Dead Lift _____ Best Official Total _____

Competition Record World Titles, Years, _____

Competition Record European Titles, Years _____

Competition Record British Titles, Years _____

Favourite quote _____

Your training tip _____

Your training days _____

Your measurements:

Chest: _____ Waist _____ Hips _____ Biceps _____ Thigh _____ Neck _____

Future plans and aims _____

Feats of strength _____

Favourite Lifter _____

Other hobbies _____

Signature _____ Date _____

- Fortis Est Potentia -

Affiliated to the World Powerlifting Federation and the European Powerlifting Congress

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